

YAVNEH COLLEGE PRIMARY SCHOOL MENU WEEK THREE



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEAT OPTION	SHEPHERDS PIE	SWEET AND SOUR CHICKEN	MEATBALLS IN TOMATO SAUCE	BEEF BURGER	VIENNAS
VEGETARIAN OPTION	JACKET POTATO AND BEANS (V)	TOMATO SAUCE (V)	VEGETABLE NUGGETS (V)	VEGETABLE BURGER (V)	VEGETARIAN SAUSAGE (V)
CARBOHYDRATE	SHEPHERDS PIE	NOODLES	PASTA SPIRALS	RICE	CHIPS
VEGETABLES	MIXED VEGETABLE	STIR FRY VEGETABLES	PEAS	ISRAELI SALAD	BAKED BEANS
SALAD BAR	A DAILY VARIETY OF FRESHLY CUT SALAD VEGETABLES - CUCUMBER ,LETTUCE, CARROT STICKS , TOMATOES, PEPPERS ETC				
JACKET POTATOES	JACKET POTATOES DAILY SERVED WITH EITHER TUNA OR BAKED BEANS				
DESSERT BAR	CHOCOLATE BROWNIE	TINNED FRUIT	VANILLA SPONGE	JELLY	COCOA CRISPY CAKE